

# The Tube Newsletter

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**Springbike is a Cycling Club in  
Springfield, Missouri**  
whose purpose is to promote  
enjoyable safe cycling for its  
members and community.

**Help us advocate for safe  
cycling. Join Springbike!**

**JANUARY NEWS  
HAPPY NEW YEAR!!**



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## A Note from our President!

You're invited to the January Members Meeting! Monday, Jan 11th, 2021 at  
08:00 PM Central Time (US and Canada)

### Join Zoom Meeting

<https://daxko.zoom.us/j/92948878306?pwd=UDZLaXF3Unc2Ry94eDNtT2R2TGtmZz09>

We have two speakers you won't want to miss! Jenn Bradshaw and William Angle will be our special guests this month!

A list of your officers is included in every issue of The Tube. The sad news is that this year, stepping down are long-time treasurer Patrick Tasset, and vice-president Bill Scorse. Also, in order to have more time to focus on his coffee business, Nicolas McManus is not returning as ride coordinator. The good news is that we have some great folks willing to help and fill those positions! Thanks to the elections last month the four folks running for office were all elected. Jerry Jesky and I both retained our office as secretary and president respectfully, Jamie Burks became our new vice president, and Jackie McCarthy is our new treasurer! I REALLY appreciate their willingness to serve. Also, I renewed all the coordinators for the positions they were already doing and nominated Dane Seiler as our new ride coordinator. There's a lot of excitement and enthusiasm on our board of directors and we know you'll see that in what we have planned for this year! Speaking of that...

It's a new year and that means a lot of us set new goals! I'll touch on that here in a bit... A bunch of Springbikers rode the New Year's Day ride but not on New Year's Day. Bad weather caused us to reschedule for two days later. Our new ride coordinator, Dane Seiler, did a great job organizing it, especially considering it was his first ride since being nominated! Prior to the ride, a few of us played cornhole and talked and laughed. Several also wrote down our mileage goals for 2021 and posed for a photo to document it. Did you set a mileage goal for 2021? If not, you may want to. It gives you something to focus on. Your goal could be a certain number of days on the bike or something as simple as ride my bike? I set a goal of 7000.1 miles. That's me, but you do you! If you'd like to write down your goal and have your picture taken there's a few ways you can do that. Dane would be happy to send you the sheet by email so you could print it out and do your own photo. Another option is that the goal sheets will be at the annual club Superbowl ride coming up on Superbowl Sunday! You can check out the club Facebook or Strava page for more details on the event.

We are looking for a few volunteers to help with things, so if you'd like to serve the club and help out just let us know!

Have you ever wondered how some people can ride so many miles? There are folks in the area that ride 10,000 or 12,000 just about every year. It starts with commitment I think. They may not even set goals. For me, I put a goal out there

and then go for it one mile at a time. I looked at my ride calendar for the rides I'll be leading this year and the rides I plan to participate in and added up the miles from those and came up with a bit over 3,000 miles. I know that I'll ride more than that, Lord willing, so I doubled it. I love to ride my bike! One thing that helps me is that I try to ride in the morning, first thing, before work and before the unexpected things in life take my day away from me. I may only ride 10 miles, but some miles are better than no miles and those miles add up. 10 miles for 3 days a week would be over 1500 miles in a year! When I lead rides or attend other rides that aren't very long I try to ride to the ride, ride the ride, and then ride home. That turns a 10 or 15 mile ride into a 25 or 30 mile ride. It really doesn't take much longer to ride to the ride than it does to drive to the ride. Try it for yourself! Another thing I do is I try to make appointments with my bike. Those appointments can be cancelled or moved, but if they're on my daily calendar it's a lot easier to remember that I hope and plan to ride and to schedule around my rides if possible. Anyway, riding a lot of miles isn't for everyone and that's not what Springbike is about either. We love you if you love bikes, regardless of the mileage, your average speed, how much your bike cost, how long you've been riding, or who you voted for!

I'll see you in a Zoom meeting, and hopefully on our bikes soon!

## Newly Elected Officers!!

**Congratulations to our newly elected officers!!**

**President - Randy Fry**



**Vice-President - Jamie Burks**



**Secretary - Jerry Jesky**



**Treasurer - Jackie McCarthy**





**Thank you all for your willingness to serve our cycling community!**

### **January Meeting!!**

**Join us on Monday, January 11 at 8PM for our January club meeting!! You don't want to miss this one! Featured special guests include Jenn Bradshaw, the first person to ride the Butterfield Stage Experience route and William Angle, President of MORC. [Click here](#) to see more information about Jenn's experience on the**

## **Butterfield.**

**Join Springbike's January Zoom Meeting:**

**[https://daxko.zoom.us/j/92948878306?  
pwd=UDZLaXF3Unc2Ry94eDNtT2R2TGt  
mZz09](https://daxko.zoom.us/j/92948878306?pwd=UDZLaXF3Unc2Ry94eDNtT2R2TGtmZz09)**

New Year's Day Ride, Although Postponed, was  
a Great Success!!

**Much fun was had by Springbike Members at the  
New Year's Day Ride held on January 3rd.**

**Cyclists braved cool temps and falling ice but  
everyone had a great time! A big thank you to  
Dane Seiler for doing a great job planning the  
ride, the Corn Hole Tournament and making the  
goal signs!**





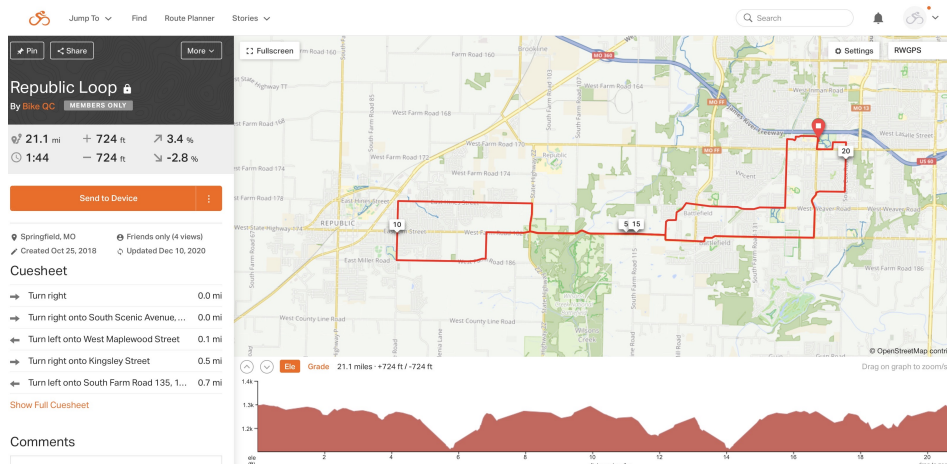


**Next Club Ride- Super Bowl  
Ride!!**

**Come have fun with Springbike members on Super Bowl Sunday- February 7, 2021!! Click [here](#) for event information.**



## Route of the Month-The Republic Loop



**Looking for a good route just over 20 miles on long stretches? This may be a great route to try out! Click [here](#) for the Springbike Ride with GPS route.**



## The Polar Bear Challenge!



**Enjoy the 2frys.bike January/February Patch ride and earn this beary cute patch above!**  
Click [here](#) for more information!

## Springbike Members 2020 Rides Video Recap

**John White created [this wonderful video](#) highlighting rides from the year. Enjoy!!**

## Bicycle Facility Construction Updates

## January Updates:

New Ordinance passed in Springfield to benefit pedestrians:

- Springfield has passed a new ordinance that requires drivers to stop for people on foot within a street crosswalk or people within three feet of the curb at a crosswalk that intend to cross the street.
- Click [here](#) for other construction updates this month.

## ARE YOU READY FOR WINTER CYCLING?

**Cold weather cycling is here! An outdoor ride can be much more exhilarating than getting on that trainer. Read [here](#) for a few pointers to make sure you are prepared!**

